

# SACRED HEART

Novena Reflections

## SERIES



### Day 5: “Light of the Heart of Christ, dispel the darkness of my heart”

**Fruit:** Allow the LIGHT of Christ to enlighten all aspects of my life, in such a way that I can only live in the truth before Him and others. Decide to bring his light to all the people and circumstances in my life.

#### **Petition:**

Lord Jesus, give me the grace to know you more intimately, to enter into your heart and experience your personal love for me. Jesus, just as you love me, I ask you for this grace:  
Make me fall passionately in love with you!

#### **Gospel:**

*“Then they came to Jericho. And as He was leaving Jericho with His disciples and a large crowd, a blind beggar named Bartimaeus, the son of Timaeus, was **sitting by the road**. When he heard that it was Jesus the Nazarene, he began to cry out and say, **“Jesus, Son of David, have mercy on me!”** Many were sternly telling him to be quiet, but he kept **crying out all the more**, “Son of David, have mercy on me!” And Jesus stopped and said, **“Call him here.”** So they called the blind man, saying to him, **“Take courage, stand up! He is calling for you.”** Throwing aside his cloak, **he jumped up and came to Jesus**. And answering him, Jesus said, **“What do you want Me to do for you?”** And the blind man said to Him, “Master, I want to **regain my sight!**” And Jesus said to him, **“Go; your faith has made you well.”** Immediately he regained his sight and began following Him on the road”. Mk 10: 46-52*

**1. A Soul in Need and in Darkness.**

**2. The Christ Who Heals.**

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*"I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life". Jn 8: 12*

### **3. The Eyes That See.**

*"No one, after lighting a lamp, puts it away in a cellar nor under a basket, but on the lamp stand, so that those who enter may see the light". Lk 11: 33*

#### **Prayer:**

Jesus thank you for being my light and my guide along the journey. Thank you for the gift of faith! I ask you for the grace to receive your LIGHT in my life today. Your light to see with new eyes. Help me recognize that I am a soul in need, like Bartimaeus, a soul that needs your light and your love. To recognize that I live surrounded by people who need you and need your mercy, forgiveness and love... and that they need someone to carry to them this message of hope. Give me, Jesus, your LIGHT to always live in the truth and to be light that will bring your message of salvation to all the people I find on my journey.

***With the light of your Heart, dispel the darkness of my heart!***

#### **For prayer and reflection:**

1. Can you recognize the aspects of your life that Christ is illuminating today? What is he allowing you to see with greater clarity? In what is he showing you a truth that perhaps you had not seen before?
2. How can you be the light of Christ for others? How can you bring his message of salvation to others? Is there anything concrete you're able to and want to do? A strong desire of your heart?

Image:

Rupnik, Ivan.(n.d.). *Jesus healing a blind man, Bartimaeus*. [Mosaic]. 3900 Harewood Rd NE, Washington, DC 20017, USA. Retrieved from: <https://www.jp2shrine.org/en/visit/luminous-mysteries-chapel.html>